

The Unique Claim of PTX

PTX is the most trusted online therapy available because it is based on proven science, and backed by over two decades of proven clinical treatment of musculoskeletal symptoms. Quite simply, we've seen patients get completely free of musculoskeletal pain time and time again, even when all other treatment programs have failed. We are therapy scientists, delivering you the best care available to remove muscle and joint pain and postural imbalances. We give people their lives back.

- 93% of patients report pain-relief and improved posture
- 85% of patients report improvement with their 1st routine
- 75% of patients come off pain meds within a few short weeks

A Word of Caution

Avoid imposters, shams, scams, and frauds

We all know that an overabundance of snake-oil salesmen and frauds exist, but how can you spot them? In your pursuit of pain-relief, we caution you to closely examine all gimmicky programs and pain therapies available, and we encourage you to rely only on best-practices and proven science-backed therapy. We recommend avoiding all “band-aid” approaches such as toxic and addictive meds (including prescription pain relievers and over the counter NSAIDS), pills (even if natural) that require life-long consumption, wonder creams, braces, orthotics, invasive surgeries (if avoidable), injections, harmful diagnostic tests, and countless infomercial products with big claims but no science. In addition, we caution you to scrutinize other online “virtual therapy” programs with claims of pain-relief backed by pseudo-science, as they often deliver only generic therapy protocols (bands and stretches). Results from these approaches fall significantly short of the proven Postural Therapy approach of PTX. Such programs rely almost solely on remote coaching instead of a scientific therapeutic approach to pain relief. They have NO posture focus, NO scientific sequencing, NO therapeutic intelligence system, and NO history of proven clinical experience in providing home-based, self-care treatment programs for muscle & joint pain; the sure signs of temporary symptom relief therapy, or possibly snake-oil. PTX stands heads and shoulders above the rest, and our superior science transfers to you, the patient, and your pain-relief experience.

Superior Science

PTX Therapy is different from any other program, as it is the *only* virtual therapy platform which uniquely assesses and treats the structural imbalances of the entire body. Muscle and joint pain is a by-product (symptom) of the stresses put on the body's structure due to postural deviations and muscular imbalances (root cause). PTX specifically targets and corrects spinal alignment, hip tilt, and joint positions, and does so through a proven scientific sequence of safe exercises, positions and stretches to engage deep postural muscles.

- Every PTX exercise has a unique purpose to systematically improve your muscle, nerve and joint function. From our database of nearly 1,000 exercises, only the most applicable for your body will be chosen uniquely for you.
- Every PTX routine is a series of special exercises, applied in a very precise order. Of the millions of possible combinations, the most appropriate sequence will be assigned to the individual, using proprietary algorithms based on proven science, clinical research, and hands on application.

Advanced Technology

A proprietary online assessment tool is used to capture a client's pain, posture, physical history, and activity level. The patented AI of PTX ([U.S. Patent No. 8,715,176](#)) then creates a personalized therapeutic exercise routine designed to correct the patient's specific structural deviations. This is a one-of-a-kind, immediate, and completely automated delivery process. The patient's routines can then be accessed through the PTX website or the responsive mobile app. The exercises are easy to perform, thanks to corresponding descriptions, photos and instructional videos. PTX Therapy does not require special equipment, as most exercises require only the patient's body weight or typical items found in the home. In unprecedented fashion, the patented AI also guides each patient through regular check-ins, authorizing the system to create new routines to maximize client progress.

Unsurpassed Results

Everything about PTX Therapy is based on functional biomechanics, kinesiology, and kinetics, it is not a "one-size-fits-all" general approach to relieving pain. Instead, PTX increases patient strength, stability, balance, and movement. Optimum pain-relief is achieved through personalized and immediately accessible pain-removal therapy routines. From the very beginning, the system also continually checks in with the patient to motivate, coach, and guide them through the healing process. Since the PTX system is completely science based, it is highly successful in the actual removal of pain and body mechanics problems.