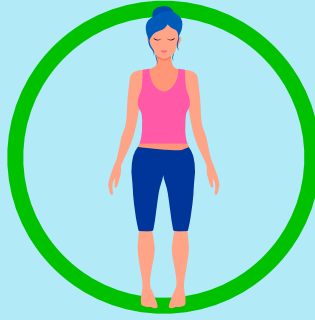
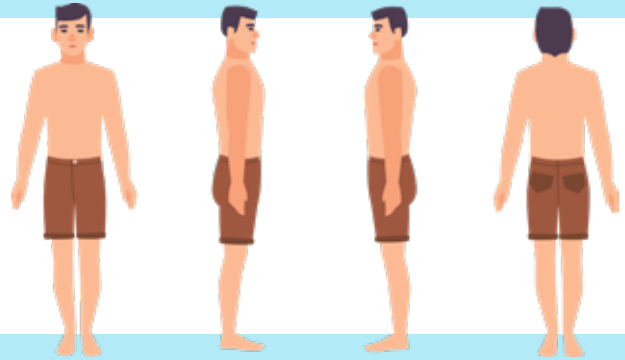


INSTRUCTIONS

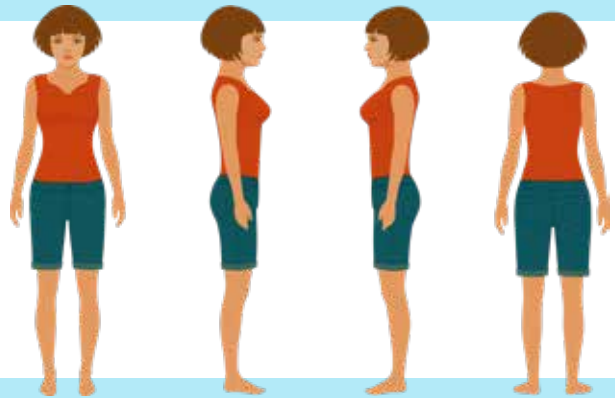
- 1** Stand so that your entire body can be seen from head to toe.



- 2** Relax; do not pose. Place feet in a comfortable position with hands/arms relaxed at your sides.

- 3** Take pictures of each view; front, back and both sides.

Don't forget to **SMILE!**

**BONUS**

MEN — Wear shorts (above the knee), no shirt or tuck it in, and no shoes

WOMEN — Wear shorts or tights (above knee), preferably a sports bra or tucked in tank or T-shirt, no shoes