

## Which Posture Type are You?







POSTURE 2



**POSTURE 3** 



**POSTURE 4** 



POSTURE 5



**POSTURE 6** 

## **PTX** (therapy

## Which Posture Type are You?







**POSTURE 1** 

POSTURE 2

**POSTURE 3** 







**POSTURE 6 POSTURE 5**